

Fall 2023-24 Sports Program

Freshman, JV &
Varsity Volleyball
JV & Varsity Football
Boys & Girls Cross Country
Girls Golf & Cheer



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GIRLS VOLLEYBALL



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Varsity Volleyball

#	Name	Gr.
2	Sophie Hauck	11
4	Kate Liscomb	12
5	Ella McDonnell	12
7	Erin Judge	11
8	Chelsea Lynch	11
9	Isabel Rookard	10
11	Nicole Goenner	11
12	Bridget Ruiz	12
13	Leah Smith	12
18	Ellie Morrow	11
19	Ellery Garver	11
20	Makayla Hyde	12
27	Hannah Roslund	11

Head Coach: Krista Davis



2022 Division 4 Volleyball STATE CHAMPIONS!





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Junior Varsity Volleyball

#	Name	Gr.
6	Helen Montross	10
9	Isabel Rookard	10
10	Brooke Neff	10
15	Maddie Anderson	10
22	Lizzie Morrow	9
24	Elise Latham	10
25	Mairin Wheaton	10
26	Logan Novak	10
29	Marin Haskin	10

Head Coach: Leah VanOrman



★

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Freshman Volleyball

#	Name	Gr.
1	Sierra Wohlscheid	9
3	Ava Baker	9
14	Karis Terwilliger	9
16	Sarah Predum	9
23	Kate Sieszputowski	9
28	Emerson Theisen	9
30	Lexi Sweet	9

Head Coach: Sammy McDonald



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The logo for Konwinski Construction Inc. features a large, yellow, stylized "KC" with "ONWINSKI" in small black letters above the "K" and "ONSTRUCTION INC." in small black letters below the "C".

Joe Fleming
Ben Humphrey
Andy Theisen

1900 Gover Parkway
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konwinskiconst.com

A yellow star is in the top-left corner.

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A yellow star is in the top-left corner.The logo for Michigan Spine & Pain features a yellow graphic of a spine with a glowing spot, followed by the text "michigan SPINE & PAIN" and "REAL PEOPLE. REAL RELIEF. SINCE 1999".

michigan
SPINE & PAIN
REAL PEOPLE. REAL RELIEF. SINCE 1999

A yellow star is in the top-left corner.The logo for Contour Engineering features a stylized blue and black "C" followed by the text "CONTOUR ENGINEERING".

CONTOUR
ENGINEERING

A yellow star is in the top-left corner.The logo for Sarah's Law Firm features a tree icon inside a red arch, followed by the text "SARAH'S LAW FIRM" and "YOUR LAWYERS FOR LIFE".

SARAH'S LAW FIRM
YOUR LAWYERS FOR LIFE

A yellow star is in the top-left corner.The logo for McLaren Central Michigan features a stylized blue and grey "M" followed by the text "McLaren" and "CENTRAL MICHIGAN".

McLaren
CENTRAL MICHIGAN

A yellow star is in the top-left corner.The logo for Bigard Huggard Drilling Inc. features a green diamond shape with a drilling rig in the center. The text "BIGARD HUGGARD DRILLING INC." is written in green along the edges of the diamond.

BIGARD HUGGARD
DRILLING INC.

A yellow star is in the top-left corner.The logo for Praedium Realty features a stylized house with a green tree, a blue window, and a yellow sun, followed by the text "PRAEDIUM REALTY" and "ROBIN STRESSMAN & ASSOCIATES".

PRAEDIUM
REALTY
ROBIN STRESSMAN & ASSOCIATES

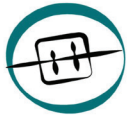
A yellow star is in the top-left corner.The logo for Dozer's Deli Creamery features a stylized "D" with a pizza slice and a creamer, followed by the text "DOZER'S DELI CREAMERY".

DOZER'S
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ALMA - MIDLAND - MT PLEASANT

Varsity Football

<i>Name</i>	<i>Gr.</i>
0 Jackson Verleger	11
1 Joe McDonald	11
2 Luke Hacker	11
3 Kadenn Rose	12
4 Jason Boge	11
5 Alex Latham	12
6 Jim McDonald	11
7 Connor Stempky	12
8 Brady Hoeve	12
13 Aidan Halliday	12
15 Joe Likavec	11
20 Teegan Duffy	10
48 Wyatt Browne	11
53 Walker Owen	12
62 Brendan Ervin	10
72 James Endres	11
75 Caleb Strauch	10



Head Coach: *Josh Wheaton*

Ass't Coach: *Chris Weber,*

Mike Verleger





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Junior Varsity Football

<i>Name</i>	<i>Gr.</i>
2 Joey Endres	9
5 Brody Collin	10
6 Cruz Cotter	9
7 Hank MacDonald	9
8 Jonah Pollatz	10
9 Levi Lynch	9
24 Nico Vazquez	10
37 Owen Middleton	10
45 Ben Kropf	9
52 Martin He	9
54 Sam Moose	9
64 Kellen Tracy	9
67 Andrew Telfor	9



Head Coach: Matt Turner
Assistant Coaches: Zach Mogg
Student Manager: Nate Siler

Golf

<u>Name</u>	<u>Gr.</u>
Chloe Cotter	9
Chloe Sokunbi	9
Margaret Taylor	9
Ella Reid	10
Mia Ruiz	10
Claire Long	10
Ishwarya Shankar	11

Coach: Rex Wiggins



Cheer


<u>Name</u>	<u>Gr.</u>
Addysen Throop	9
Cece Reynolds	10
Ella Reid	10
Audri Howell	10
Jordan Hosking	12

Head Coach: Alicia Rudoni

Assistant Coach: Jessica Kennett



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Girls Cross Country



#	Name	Gr.
	Olivia Jones	9
	Anna Sheppard	9
	Cece Reynolds	10
	Laura Bigard	10
	Savannah Jones	10
	Kaya Rose	10
	Jacqueline Morton	12
	Lillian Morton	12

Head Coach: Adam Grifka
Ass't Coach: Stewart Tower

Boys Cross Country



#	Name	Gr.
	Wesley Chaffee	9
	Noah Dubridge	9
	Brady Edwards	9
	Declan Dye	9
	Isaiah Greenacre	10
	Jonah Pollatz	10
	Sergey Collings	12

Head Coach: Adam Grifka
Ass't Coach: Stewart Tower

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2023 FALL SPORT SCHEDULES

Check school website for updates

VARSITY FOOTBALL / CHEER

Date	Opponent	Place	Time
Aug. 25	Montabella HS (Fri.)	Home	7:00 PM
Aug. 31	Farwell HS (Thur.)	Home	7:00 PM
Sep. 9	Portland St. Patrick HS	Away	7:00 PM
Sep. 15	Byron HS	Home	7:00 PM
Sep. 22	Vestaburg HS (Homecoming)	Home	7:00 PM
Sep. 28	Fulton HS	Away	7:00 PM
Oct. 5	Morrice HS	Away	7:00 PM
Oct. 12	Webberville HS	Home	7:00 PM
Oct. 21	Coleman HS	Away	7:00 PM

NOTE: Cheer Team may not perform at all away games.

JUNIOR VARSITY FOOTBALL

Date	Opponent	Place	Time
Aug. 23	Montabella HS (Wed.)	Away	5:00 PM
Aug. 30	Farwell HS	Away	5:00 PM
Sep. 6	Portland St. Patrick HS	Home	5:00 PM
Sep. 13	St. Charles HS	Away	5:00 PM
Sep. 20	Vestaburg HS	Away	5:00 PM
Sep. 27	Fulton HS	Home	5:00 PM
Oct. 4	Morrice HS	Home	6:00 PM
Oct. 11	Capac HS	Home	5:00 PM
Oct. 18	Coleman HS	Home	5:00 PM

CROSS COUNTRY BOYS & GIRLS

Date	Opponent	Place	Time
Aug. 18	St. John Under the Lights	Away	9:30 PM
Aug. 26	Michigan Catholic XC Invite (Dewitt)	Away	TBA
Sep. 6	John Bruder Classic (Shepherd)	Away	5:30 PM
Sep. 16	Holly	Away	TBA
Sep. 20	St. Charles	Away	4:30 PM
Sep. 23	Cadillac Viking Invite	Away	TBA
Sep. 30	Bluejay Invite (Shepherd)	Away	5:00 PM
Oct. 4	Ashley	Away	4:30 PM
Oct. 7	Portage Invite	Away	TBA
Oct. 18	Breckenridge	Away	4:30 PM
Oct. 21	Chippewa Hills	Away	TBA
Oct. 27	Chippewa Hills MHSAA LP Region	Away	TBA
Nov. 4	State Finals	Away	TBA
Nov. 11	MITCA Meet of Champions	Away	TBA

GIRLS GOLF

Date	Opponent	Place	Time
Aug. 29	Shepherd	Away	4:00 PM
Aug. 31	Houghton Lake	Away	4:00 PM
Sep. 5	MHSAA Regional (MPCC)		9:00 AM
Sep. 11	St. Louis Tournament	Away	9:00 AM
Sep. 19	Clare	Away	4:00 PM
Sep. 21	Farwell	Away	4:00 PM
Sep. 25	Alma Panther Invite	Away	9:00 AM
Sep. 26	Pinconning	Away	4:00 PM
Sep. 28	Breckenridge	Away	4:00 PM
Oct. 3	Breckenridge	Away	4:00 PM
Oct. 5	Farwell	Away	4:00 PM

VARSITY / JUNIOR VARSITY / FRESHMAN VOLLEYBALL

Date	Opponent	Place	Time
Aug. 19	Alma (Varsity)	Away	9:00 AM
Aug. 19	Beal City HS (Quad - JV)	Away	9:00 AM
Aug. 23	Beal City HS (Beal City Tri w/Clare - JV/Varsity)	Home	5:30 PM
Aug. 26	Heat on the Hardwood Tournament (JV/Varsity)	Home	8:30 AM
Aug. 28	Beaverton HS (JV/Varsity)	Home	5:30 PM
Aug. 30	Breckenridge HS (JV/Varsity)	Away	5:30 PM
Sep. 6	St. Charles HS (JV/Varsity)	Home	5:30 PM
Sep. 9	Perry Invite (Varsity)	Away	5:30 PM
Sep. 9	Houghton Lake Invite (JV)	Away	5:30 PM
Sep. 12	Coleman HS (JV/Varsity)	Home	5:30 PM
Sep. 16	St. Louis (Varsity)	Away	5:30 PM
Sep. 16	Farwell (JV)	Away	5:30 PM
Sep. 19	Merrill HS (JV/Varsity)	Away	5:30 PM
Sep. 26	Carson City Crystal (JV/Varsity)	Home	5:30 PM
Sep. 30	Dansville Invite (JV)	Away	9:00 AM
Oct. 3	Ashley HS (JV/Varsity)	Away	5:30 PM
Oct. 7	Chippewa Hills HS (Varsity)	Away	5:00 PM
Oct. 10	Vestaburg HS (JV/Varsity)	Home	5:30 PM
Oct. 14	Dansville Invite (Varsity)	Away	9:00 AM
Oct. 14	Chippewa Hills Invite	Away	5:30 PM
Oct. 17	Fulton HS (JV/Varsity)	Away	5:30 PM
Oct. 21	McBain HS (Varsity)	Away	5:30 PM
Oct. 24	Montabella HS (JV/Varsity)	Away	5:30 PM
Oct. 28	Breckenridge MSAC Tournament	Away	5:30 PM
Oct. 28	St. Louis Invite (JV)	Away	5:30 PM

FRESHMAN VOLLEYBALL

Date	Opponent	Place	Time
Aug. 18	Alma Invite (Freshman)	Away	9:00 AM
Aug. 23	Alma HS (Freshman)	Home	6:00 PM
Aug. 28	Beaverton HS (Freshman)	Home	5:30 PM
Sep. 5	Chippewa Hills (Freshman)	Away	4:00 PM
Sep. 6	Clare HS (Freshman)	Away	6:00 PM
Sep. 9	Morley Stanwood Invite (Freshman)	Away	
Sep. 11	Big Rapids (Freshman)	Home	6:00 PM
Sep. 18	Alma HS (Freshman)	Away	6:00 PM
Sep. 21	Beal City (Freshman)	Home	
Sep. 27	Chippewa Hills (Freshman)	Home	5:00 PM
Oct. 4	Clare (Freshman)	Home	6:00 PM
Oct. 9	Gladwin (Freshman)	Home	5:00 PM
Oct. 19	Beal City HS (Freshman)	Away	5:30 PM

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